



**LUNG CANCER  
SUPPORT LINE  
(844) 835-4325**

A FREE resource for lung cancer  
patients & caregivers

# MY LUNG CANCER CARE PLAN

MANAGE DIAGNOSIS | TRACK TREATMENTS & APPOINTMENTS | MONITOR SYMPTOMS



Lung Cancer Research  
FOUNDATION™

The Lung Cancer Research Foundation is the pre-eminent nonprofit organization focused on funding innovative, high-reward research with the potential to extend survival and improve quality of life for people with lung cancer. In addition to funding research, the organization focuses on lung cancer awareness and educational programs.

To learn more about lung cancer, refer to our free educational patient booklet, *Living with a Diagnosis of Lung Cancer*. Order this resource and other materials at [lcrf.org/resources](http://lcrf.org/resources). Additional information about the Lung Cancer Research Foundation can be found at [www.lcrf.org](http://www.lcrf.org).

# Patient Information

Name \_\_\_\_\_

Date Diagnosed \_\_\_\_\_

Primary Care Doctor \_\_\_\_\_

Contact \_\_\_\_\_

*As applicable*

Contact \_\_\_\_\_

Medical Oncologist \_\_\_\_\_

Contact \_\_\_\_\_

Radiation Oncologist \_\_\_\_\_

Contact \_\_\_\_\_

Thoracic Surgeon \_\_\_\_\_

Contact \_\_\_\_\_

Nurse/Patient Navigator \_\_\_\_\_

Contact \_\_\_\_\_

Social Worker \_\_\_\_\_

Contact \_\_\_\_\_

Other \_\_\_\_\_

Other medical conditions

Known allergies

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# About My Lung Cancer

## Lung Cancer Type

Small cell lung cancer (SCLC)

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Non-small cell lung cancer (NSCLC)

Adenocarcinoma

*Biomarker test results:*

EGFR

T790M

KRAS

PD-L1

ALK

BRAF

ROS1

Other \_\_\_\_\_

Squamous

*Biomarker test results:*

PD-L1

Other \_\_\_\_\_

Large cell

## Stage

Limited stage

Extensive stage

## Stage

IA

IIIA

IB

IIIB

IIA

IIIC

IIB

IV

Date of initial biopsy

\_\_\_\_\_

Date of follow-up biopsy

\_\_\_\_\_

# Treatment Plan

Recommended treatment  Surgery  Radiation  Immunotherapy  
 Chemotherapy  Targeted therapy  Other \_\_\_\_\_

## Treatment notes

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Clinical trial recommended?  Yes  No

## Potential clinical trials & notes

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## Contact

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# Surgery

Date scheduled \_\_\_\_\_

Where to go \_\_\_\_\_

Type:  Wedge resection  Lobectomy

Segmentectomy  Pneumonectomy

## Pre-surgery instructions

## Post-surgery instructions

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## Surgery notes

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# Radiation Therapy

Start date \_\_\_\_\_

End date \_\_\_\_\_

Where to go \_\_\_\_\_

Location in body \_\_\_\_\_

Radiation type \_\_\_\_\_

Purpose

Side effects to watch for

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Radiation therapy notes

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## Side effects to watch for

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## Therapy notes

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# Clinical Trials

Find a clinical trial at [Icrf.org/clinical-trials](http://Icrf.org/clinical-trials)

Clinical trial contact \_\_\_\_\_

Emergency/after-hours contact \_\_\_\_\_

Study name & number \_\_\_\_\_ Where to go \_\_\_\_\_

Drugs involved \_\_\_\_\_

What is being tested?

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Clinical trial notes

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## Additional Assistance Needed

Find helpful resources at [lcrf.org/resources](http://lcrf.org/resources)

The Lung Cancer Research Foundation's Lung Cancer Support Line is a FREE resource for patients & caregivers.  
Call us Monday-Friday between 8am - 4pm CT:  
**(844) 835-4325 toll-free**

- Caregiver support \_\_\_\_\_
- Complementary therapy \_\_\_\_\_
- Emotional/mental health \_\_\_\_\_
- Employee rights \_\_\_\_\_
- Exercise/physical therapy \_\_\_\_\_
- Fertility consultation \_\_\_\_\_
- Financial advice/assistance \_\_\_\_\_
- Insurance assistance \_\_\_\_\_
- Nutritional counseling \_\_\_\_\_
- Pain management \_\_\_\_\_
- Respiratory health \_\_\_\_\_
- Relationship counseling \_\_\_\_\_
- Sexual health \_\_\_\_\_
- Smoking cessation \_\_\_\_\_
- Other: \_\_\_\_\_



# Symptom Tracker

Dates	Symptom	What was done to help	Notes
<b>Example:</b> <i>April 25-28</i>	<i>Shortness of breath</i>	<i>Doctor prescribed inhaler</i>	<i>Used as needed</i>

Date	Symptom	What was done to help	Notes

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Dates	Symptom	What was done to help	Notes
<b>Example:</b> <i>April 25-28</i>	<i>Shortness of breath</i>	<i>Doctor prescribed inhaler</i>	<i>Used as needed</i>



Dates	Symptom	What was done to help	Notes

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Other \_\_\_\_\_

X-ray

Urine test

Questions to ask (i.e.: treatments, new symptoms)

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Answers to questions

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Doctor \_\_\_\_\_

We're always seeking ways to improve our resources for patients and families.

If you have feedback on this booklet or any of the Lung Cancer Research Foundation's other patient resources, please contact [info@lcrf.org](mailto:info@lcrf.org).

If you need support, call our Lung Cancer Support Line at (844) 835-4325 toll-free, Monday through Friday.

The support line is a free resource for patients with lung cancer and their families.

Learn more at [lcrf.org/supportline](https://lcrf.org/supportline).

For additional patient resources, visit [lcrf.org/resources](https://lcrf.org/resources).

This resource provided with support from AstraZeneca, Bristol-Myers Squibb, Eli Lilly and Company, and Genentech



Lung Cancer Research  
FOUNDATION™

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