

# LUNG CANCER

## SYMPTOMS AND SCREENING

SHOULD YOU TALK TO YOUR DOCTOR ABOUT SYMPTOMS OR SCREENING?

### What are common symptoms of lung cancer?

- B** Blood when you cough or spit
- R** Recurring respiratory infections
- E** Enduring cough that is new or different
- A** Ache or pain in shoulder, back, or chest
- T** Trouble breathing
- H** Hoarseness or wheezing
- E** Exhaustion, weakness, or loss of appetite

### Should I be screened for lung cancer?

Adults who have no symptoms (see above) but are considered “high-risk” should be screened. High-risk adults are individuals who:

- ✓ Are between **55 to 74** years of age 
- ✓ Smoke(d) at least **1 pack** of cigarettes per day for **30 years** or more 
- ✓ Used to smoke and have quit smoking in the **past 15 years** 

## What do I do now?

**Have a conversation with your healthcare provider.** Whether you meet high-risk conditions, are experiencing common lung cancer symptoms, or are simply concerned about your risk for lung cancer, we encourage you to talk to them. With the support of your healthcare provider, you can decide together if screening is right for you.

## Why screen for lung cancer?

Screening helps to find a disease early on before it causes symptoms and complications. The only screening currently proven to reduce lung cancer deaths is called a low-dose CT scan.

For more information or resources,  
contact our support line toll-free:

**(844) 835-4325**

**Monday-Friday**

**9am-5pm ET | 8am-4pm CT**

You may also email [support@lcrf.org](mailto:support@lcrf.org).  
Learn more at [lcrf.org/supportline](http://lcrf.org/supportline).

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